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| **AERIAL POLE SINGLES TECHNICAL BONUS FORM** |
| **Please complete form in order of sequence as in routine. Use additional sheets if necessary. Please use black print.** |
| **Athlete:**  | **Date:**  |
| **Country:**  | **Region:** | **Federation:**  |
| **Division:**  | **Category:**  | **Judge:** |
| **Order** | **Bonus code** | **Bonus TV** | **Score(judge only)** | **Notes(judge only)** |
| 1 |  |  |  |  |
| 2 |  |  |  |  |
| 3 |  |  |  |  |
| 4 |  |  |  |  |
| 5 |  |  |  |  |
| 6 |  |  |  |  |
| 7 |  |  |  |  |
| 8 |  |  |  |  |
| 9 |  |  |  |  |
| 10 |  |  |  |  |
| 11 |  |  |  |  |
| 12 |  |  |  |  |
| 13 |  |  |  |  |
| 14 |  |  |  |  |
| 15 |  |  |  |  |
| **Singles bonus total (Maximum +15)** |  | **+** |  |
| **Overall Bonus Points (judges only)** |
| 0 = simple, 0.5 = moderate, 1.0 =difficult, 1.5 = very difficult, 2.0 = extremely difficult |
|  | **Score (judge only)** | **Notes (judge only)** |
| Flexibility elements | **Max +2** |   |   |
| Strength elements | **Max +2** |   |   |
| Spins | **Max +2** |   |   |
| Pole transitions | **Max +2** |   |   |
| Dynamic movements/combinations | **Max +2** |   |   |
| Climbs | **Max +2** |  |  |
| **Overall bonus total (Maximum +10)** | **+** |  |
| Using the aerial pole in pendulum movement | **+1** | **+** |  |
| Form filled in incorrectly | **-1** | **-** |   |
| **TOTAL** | **Max 25** |  |   |
| **Athletes’ signature:** | **Coaches signature:** |